

Category	Name	Criteria	Winner
Performance	Best 10k performance Female	Best performance in a 10k	Carol Bowett
Performance	Best 10k performance Male	Best performance in a 10k	Andrew Plume
Performance	Best half marathon performance Female	Best performance in a half marathon	Carol Bowett
Performance	Best half marathon performance Male	Best performance in a half marathon	Andrew Plume
Performance	Best marathon performance Female	Best performance in a marathon	Katie Woodcock
Performance	Best marathon performance Male	Best performance in a marathon	Aaron Porter
Performance	Geoff Tye Overseas Marathon Award	Best performance in an overseas marathon	Aaron Porter
Performance	Best club time trialer Female	Based on three time trials, best age graded performance.	Jac Richards
Performance	Best club time trialer Male	Based on three time trials, best age graded performance.	Martin Jennings
Performance	Jane Tagney Hurrier Female	Best effort judged by Greg Tagney	Zoe Thornton
Performance	Jane Tagney Hurrier Male	Best effort judged by Greg Tagney	Stuart Cheslett
Performance	Jane Tagney Mile Female	Best age graded performance	Melissa Milham
Performance	Jane Tagney Mile Male	Best age graded performance	Malcolm Tuff
Special	Tri/Ultra	No criteria set	Barbara Welbourn

Performance	Peterborough GP Female	Best performance based on minimum of three races	Katie Woodcock
Performance	Peterborough GP Male	Best performance based on minimum of three races	Andrew Plume
Performance	Club Championship Female	Age grade system based on club championship races	Melissa Milham
Performance	Club Championship Male	Age grade system based on club championship races	Andrew Plume
Improvement	Most improved runner Female	Award includes new members and would be measured by overall performance over the last twelve months - as judged by coach/run leaders.	Melissa Milham
Improvement	Most improved runner Male	Award includes new members and would be measured by overall performance over the last twelve months - as judged by coach/run leaders.	Aidan Cooper
Commitment	Round Norfolk Relay	Given to the best relative performance for their stage. This award is made by the RNR team captain(s)	Simon Prince
Commitment	Frostbite Runner of the Series Female	Club nominated award - runners who run less than 50% races will not be considered.	Jay Gilbert
Commitment	Frostbite Runner of the Series Male	Club nominated award - runners who run less than 50% races will not be considered.	Pete Lunt
Commitment	New Members' Award	Same criteria as Club Champion but applicable to new members who have joined in the past year and have been members for more than three months.	Andrew Mallett
Commitment	Hayden Practice Shield	Awarded for commitment to all aspects of the club, ie, committee activities, assisting/organising relays, Fen 10, coaching and training support. Voted for by members.	Jane Greenwood
Commitment	Overall Club Champion	Given to the person who best embodies the club's ethos, showing commitment to the activities of the club based on attendance at Frostbite, 5k series, RNR, GWR, Hereward, TT and training. Based on the opinion of the awards committee.	Dan Tickner